
ATTRIBUTIONAL STYLE: PSYCHO-SOCIAL ANTECEDENTS FOR WOMEN

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Abstract

In this study we tried to reveal less clarified aspects concerning attributional style and learned helplessness in the case of women. We wish to underline the psycho-social implications and the applicability of the theory; we also brought some improvements concerning the relationships between those concepts and other significant psychosocial variables. For this study we used a sample of 308 women. We explained the way women describe themselves, the level of femininity they experienced and their placement on a masculinity-femininity axis. Secondly, the study explained the way loneliness determines cognitive vulnerability and also the relation between stress and attributional style. The results confirm our original ideas and the fact that women are educated to value social and love relations; as a result, their self-esteem will depend on the well-functioning of social and affective relations.

Keywords: *attributional style, helplessness, loneliness, vulnerability*

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