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## **RELATIA DINTRE STILUL DE ÎNVĂȚARE, PERSONALITATE, COGNIȚII IRATIONALE ȘI PERFORMANCE ȘCOLARĂ ÎN ADOLESCENȚĂ**

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### **Abstract**

The aim of this paper is to present the role of knowledge and respecting learning styles in instructional process. Starting from the Felder and Silverman's model of learning styles the present research tries to underline the relationship among learning styles, personality, irrational beliefs and school performance in adolescence.

**Keywords:** *adolescence, learning style, irrational beliefs, performance*

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