

**SCALA DE IRAȚIONALITATE PENTRU COPII ȘI ADOLESCENȚI
(CASI - THE CHILD AND ADOLESCENT SCALE OF
IRRATIONALITY)**

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Abstract

This study is an adaptation of The Child and Adolescent Scale of Irrationality for the Romanian population. The scale is measuring the irrational cognitions that children and adolescents can internalize. The results are showing that there is a significant global evaluation, low frustration tolerance toward rules and low frustration tolerance toward work (tasks) and a high demandiness for fairness. Also the study is revealing the prediction of the each subscale on the occurrence of emotional distress.

Keywords: *CASI, irrational cognitions, emotional distress*

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